



Laser Coaching on Demand

Have a professional or personal problem or challenge that is interfering with your goals? Laser coaching can help.

It can happen to anyone; you get stuck, you get influenced by thoughts and beliefs, and you can't get past them. You don't make any progress and you get more frustrated. You might need help immediately, and you don't want to spend months understanding what you need to do or creating new habits to move forward.

Laser Coaching sessions are perfect to implement quick alignment and find ways to unblock thinking patterns or habits that are sabotaging your daily life and work.

The process is easy:

- Select a coach.
- Book a 30- or 60-minute Laser Coaching session.
- Use an easy 3-step process to understand, focus and develop actionable solutions you can implement right away.



The Confidence Network

LEAD Inclusively™

"A new perspective to a problem is like being given a flashlight in a dark room"

Kristine Pérez-Foley M. Ed, PCC
Founder & CEO
The Confidence Network, LLC

Laser Coaching

BOOK a session.

USE an easy 3 step problem solving process.

WORK with leadership consultants & credentialed coaches

RECEIVE actionable solutions you can implement immediately.

Schedule a complementary consultation

<https://calendly.com/theconfidencenet/work/30min>