



How well do you manage conflict?

Developmental feedback discussions, managing unhappy customers, problem-solving in the moment, addressing behaviors that hinder inclusion are just a few of the social-skill requirements in the modern workplace. Courageous communicators consistently develop their EQ and are thoughtful and deliberate about how they connect and respond instead of react during high stakes and emotionally charged situations.

EQ at Work: Workplace Unscripted Improv

Our solution

The reality is intention alone does not increase your effectiveness as a courageous communicator. To be effective requires personal EQ development, planning and PRACTICE.

What is Workplace Unscripted Improv?

A method designed to accelerate your courageous communicator effectiveness by combining EQ development activities with real situations you are currently navigating at work.

How does it work?

Professional actors with EQ coaching experience work with you to recreate previous high stakes events that did not go well or plan for a future event that is likely to be emotionally charged. During the session you will “live” the event and turn your EQ learnings to tangible actions that turn conflict to collaboration. Unlike peer-to-peer role plays, you will experience immediate improvement via targeted in the moment feedback.

Do I need to have previous EQ development to benefit from unscripted improv?

While previous EQ development can be helpful, it is not required. During this interactive session you will experience your EQ growth in action and gain specific developmental feedback that is relevant to your needs.

LEAD Inclusively™ Development combines mindset and skillset development to produce results.

Benefits

- **Better understand** why courageous conversations are so challenging.
- **Learn** how to become more competent and confident navigating difficult situations.
- **Practice** real situations using our ABC Courageous Conversations tool.
- **Receive** feedback from an EQ coach with experience supporting employees at all levels in multiple industries.

Schedule a complementary consultation

<https://calendly.com/theconfidence-network/30min>

Visit us at confidence-network.com.



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